



# EMPLOYEE ASSISTANCE PROGRAM COST ANALYSIS PROGRAM FOR INTERNAL EAPS (EAPCAP-IN)

## **COST INTERVIEW GUIDE FOR INTERNAL EAP CASE STUDIES**

Prepared and Conducted by:

Research Triangle Institute
Health and Human Resource Economics Program
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This version of EAPCAP-IN was developed by G.A. Zarkin and J.W. Bray at Research Triangle Institute. Direct all questions and inquiries to:

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Name of interviewer(s):		
Interview date:		
Program name:		
Names, titles, and telephone numbers of progr	am employees attendir	ng the session:
Name	Title	Phone #
The data in this module corresponds to fiscal y		to//_ Month Date Year
Throughout the data collection process, pleather the treatment program for the above fiscal year").	•	• 1

#### INTRODUCTION

The purpose of this interview is to collect resource use and cost information pertaining to the operations of your Employee Assistance Program (EAP). The information provided in this interview will be held in confidence and will never be reported in a way that could directly identify your program. Despite this assurance, if there is any information that you consider especially sensitive, please indicate so. Thank you for your participation.

We are interested in identifying both those costs that the EAP incurred as expenditures, and those that the EAP would have incurred as expenditures if it had not been able to use certain resources free of charge. For costs that took the form of expenditures, please extract the cost data from expenditure records rather than from budgets, since budgets frequently do not accurately predict resource use. For costs that the EAP would have incurred as expenditures had certain resources not been free of charge (or for resources which are shared between different departments within the company), we will estimate costs in one of two ways: 1) determine the percentage of total resources used by the EAP and multiply this percentage by the total cost of the resource; or 2) estimate the cost the program would have incurred if a shared resource had not been available. We are collecting costs incurred by the provider only. In other words, we are not collecting costs incurred by the employee, or the social costs.

#### A. CLIENT INFORMATION

for fiscal year: \_\_\_\_/ \_\_\_/ \_\_\_ to \_\_\_/ \_\_/ \_\_\_/

Month Date Year Month Date Year A1. How many employees were eligible for EAP services in the fiscal year? (Please explain in the Comments section if the number of clients for the fiscal year wasn't typical.) No. of Employees \_\_\_\_\_ Typical? (Y/N) \_\_\_\_\_ A2. How many different clients did your EAP serve during the fiscal year? (Please explain in the Comments section if the number of clients for the fiscal year wasn't typical.) No. of Total Non-Employee (e.g., dependents) Clients Typical? (Y/N) \_\_\_\_\_ No. of Total Employee Clients only Typical? (Y/N) \_\_\_\_\_ What is this EAP's definition of a client contact? A3. How many different clients did your EAP serve for substance abuse problems

A3. How many different clients did your EAP serve for substance abuse problems during the fiscal year? (Please explain in the Comments section if the number of personal substance abuse clients for the fiscal year wasn't typical.)

No. of Non-Employees Typical?	(Y/N)
-------------------------------	-------

the EAP in th	ne fiscal year?	ors of face-to-face co (Please explain in the Sessions for the fisca	the Comm	ents section if the ho	
Average Hou	ırs				
per Client		Typical?	(Y/N) _		
problem? If		average number of he client group and th	-	_	_
_	-	urs of telephone cou	_		
_	•	? (Please explain in ee fiscal year wasn't		nents section if the h	iours
Average Hou	rc				
_	13				
per Client		Typical?	(Y/N) _		
What was the phone) in a w	e average num	Typical? ber of clients you see fiscal year? (Pleadlients served per we	erved (eithe se explain	er face-to-face or ov in the Comments se	
What was the phone) in a wif the average	e average num veek during the re number of co	ber of clients you se e fiscal year? (Plea.	erved (eithe se explain	er face-to-face or ov in the Comments se	
What was the phone) in a wif the average typical.)	e average num veek during the re number of co	ber of clients you se e fiscal year? (Plea.	erved (eithe se explain ek in the f	er face-to-face or ov in the Comments se	
What was the phone) in a wif the averag typical.) Avg. No. No. per week	e average numiveek during the enumber of content of content of the enumber of the	ber of clients you se e fiscal year? (Plea. lients served per we	erved (eithe se explain ek in the f	er face-to-face or ov in the Comments se	
What was the phone) in a wif the average typical.) Avg. No. No.	e average numiveek during the enumber of contraction.	ber of clients you se e fiscal year? (Plea. lients served per we	erved (eitho se explain ek in the f (Y/N)	er face-to-face or ov in the Comments se	
What was the phone) in a wif the averag typical.) Avg. No. No. per week Avg. No. Emper week	e average numiveek during the enumber of contractions of the contraction of the enumber of contractions of the enumber of the	ber of clients you se e fiscal year? (Plea. lients served per we Typical?	erved (eitherse explain ek in the f	er face-to-face or ov in the Comments se fiscal year wasn't	ection
What was the phone) in a wif the averag typical.) Avg. No. No. per week Avg. No. Emper week What has been	e average numiveek during the enumber of content of content of the enumber of the enum	ber of clients you see fiscal year? (Pleadlients served per we  Typical?  Typical?	erved (eitherse explain ek in the f	er face-to-face or ov in the Comments se fiscal year wasn't	ection
What was the phone) in a wif the averag typical.) Avg. No. No. per week Avg. No. Emper week What has been began?	e average numiveek during the enumber of content of content of the enumber of the enum	ber of clients you see fiscal year? (Pleadlients served per we  Typical?  Typical?	erved (eitherse explain ek in the f  (Y/N)  (Y/N)	er face-to-face or ov in the Comments se fiscal year wasn't	ection
What was the phone) in a wif the average typical.) Avg. No. No. per week Avg. No. Emper week What has been began? Avg. No. No.	e average numiveek during the veek during the veek during the veek number of content of the number of the numb	ber of clients you see fiscal year? (Pleadlients served per weedlients served)  Typical?  Typical?	erved (eitherse explain ek in the f  (Y/N)  (Y/N)	er face-to-face or ov in the Comments se fiscal year wasn't	ection

#### **B. PERSONNEL INFORMATION**

for fiscal year:		/	/ to		/	/
• •	Month	Date	Year	Month	Date	Year

B1. List the number of full-time equivalent (FTE) EAP staff by position, the annual full-time salary for each position, and the percentage of EAP time spent on counseling during the fiscal year. (Note: Assume 1 FTE = 2080 hrs./yr.)

Position	Number of FTEs		Average Full-Time Salary		Total	% of EAP Time on Counseling (include face- to-face and telephone)
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	

B2. What was the total of other labor costs in the fiscal year (e.g., FICA, health insurance, pension and retirement, disability, worker's compensation, other fringe benefit cost)? (Please provide any calculations used.)

Other Labor Costs. \$

Other Labor Costs	Ψ

calculations used.)				
Overtime Cost \$				
What volunteer services did your E would you estimate the cost of thes		_	•	
them? (Please provide any calculation)		services to be	ii you iiad to	pay 101
	,			
	,	Estimated	Estimated	% of '
Volunteer/Volunteer Services	Hours	Estimated Wage Per	Estimated Cost	Spen
Volunteer/Volunteer Services				Spen
Volunteer/Volunteer Services		Wage Per		Spen
Volunteer/Volunteer Services	Hours	Wage Per Hour	Cost \$	Spen Couns
	Hours	Wage Per Hour \$ \$	\$	Spen
	Hours	Wage Per Hour \$ \$	Cost \$	Spen Couns
	Hours	Wage Per Hour \$ \$	\$	

Total Volunteer Labor Cost

\$

BUILDING NO.	
--------------	--

## C. BUILDING INFORMATION

for fiscal year:	/	<b>/</b>	/ t	o	/	/
	Month	Date	Year	Month	Date	Year

C1.	Wha	at buildings were used for any purpose by your EAP during the fiscal year?
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
	8.	
	9.	
	10	

Complete the following set of questions (C2. through C19.) once for each building used by your EAP for any purpose during the fiscal year. Photocopy and number each set of questions accordingly.

			BUII	.DING NO
What is the prima	ary use of the building	g?		
Where is the build	ding located?			
For what purpose	(s) did your EAP use	the building?		
<u> </u>	space that the EAP us building is used by the	_	iscal year,	and what
Space	sq. ft.	% of Blo	dg	%
Was all the space	noted in C5 used ful	l time by the E	AP (i.e. fo	r the equivaler
-	ear)? (Circle one num	•	711 (1.0., 10	r the equivalen
2000 hours per ye		•	711 (1.0., 10	r the equivalen
2000 hours per ye	ear)? (Circle one num	•	711 (i.e., 10	i tile equivales
2000 hours per ye Yes	ear)? (Circle one num 01 (Go to C8) 02 (Continue) space in C5 not used tours per year that the ersons listed as EAP	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This i	I year, their squades office to do not work  Hours Used per Year by
2000 hours per ye Yes	ear)? (Circle one num 01 (Go to C8) 02 (Continue)  space in C5 not used hours per year that the ersons listed as EAP pactivities).	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This in ection B wh	l year, their sq ncludes office o do not work Hours Used
2000 hours per ye Yes	ear)? (Circle one num 01 (Go to C8) 02 (Continue)  space in C5 not used hours per year that the ersons listed as EAP pactivities).	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This in ection B wh	I year, their sq ncludes office to do not work Hours Used per Year by
2000 hours per ye Yes	ear)? (Circle one num 01 (Go to C8) 02 (Continue)  space in C5 not used hours per year that the ersons listed as EAP pactivities).	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This in ection B wh	I year, their sq ncludes office to do not work Hours Used per Year by
2000 hours per ye Yes No List the rooms or footage, and the h space for those pe full-time on EAP  Ro  1. 2.	ear)? (Circle one num 01 (Go to C8) 02 (Continue)  space in C5 not used hours per year that the ersons listed as EAP pactivities).	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This in ection B wh	I year, their sq ncludes office to do not work Hours Used per Year by
2000 hours per ye Yes No List the rooms or footage, and the h space for those pe full-time on EAP  Re  1. 2. 3.	ear)? (Circle one num 01 (Go to C8) 02 (Continue)  space in C5 not used hours per year that the ersons listed as EAP pactivities).	nber.) full-time during EAP used the personnel in Se	ng the fisca m. (This in ection B wh	I year, their squades office to do not work  Hours Used per Year by

	BUILDING NO	
C8.	During the fiscal year, did your EAP transfer operations from this building to another? ( <i>Circle one number</i> .)	
	Yes01 (Continue)	
	No	
C9.	For how many months did your EAP use this building before transferring to another?	
	No. of Months	
C10.	What is the location of the building to which your EAP transferred?	
C11.	In the fiscal year, did your EAP (not the firm) own, use free of charge, or least rent the building that has been assigned the building no. at the top of the page (Circle one number.)	
	Owned01 (Continue)	
	Used Free 02 (Go to C16)	
	Leased/Rented 03 (Go to C19)	
C12.	What was the cost of building repairs and maintenance (R & M) in the fiscal (Please explain in the Comments section if the R & M for the fiscal year was typical.)	•
	R & M	
C13.	What was the market value of the building, including land, in the fiscal year?  Market Value \$	
C14.	What is the total service life of the building?	
	Service Life years	
C15 .	Of the total service life of the building noted in C14, how many service years remained in the fiscal year?	
	Remaining Life years	

	BUILDING NO
C16.	What would you estimate the monthly rent to be if you had to pay rent instead of owning the building or using it free of charge? ( <i>Please provide any calculations used.</i> )
	Estimated Rent \$
C17.	If this space were not available to your EAP, what would you use as an alternative?
C18.	What is your estimate of how much this alternative would cost? (Please include all costs, including estimates, for example, of additional travel expense required if possible. Please provide any calculation used.)
	Cost of Alt. \$ per month
(GO T	TO D1)
C19.	What was the monthly lease or rent of this building?  Lease or Rent \$

# D. EQUIPMENT INFORMATION

for fiscal year:		/	/ to		//	/
	Month	Date	Year	Month	Date	Year

D1. What equipment was purchased by (or for) your EAP in the fiscal year? (*Include only individual equipment [e.g., computer] and categories of equipment [e.g., desks] worth more than \$500.*).

Equipment	Units	Cost/Unit	Total Cost
Office Furniture (desks, tables, filing cabinets, chairs, etc.)	)		
		\$	\$
		\$	\$
		\$	\$
		\$	\$
Computers (hardware, accessories, etc.)			
		\$	\$
			\$
		\$	\$
			\$
Electronic (TV, VCR, FAX, phone, projector, etc.)			
		\$	\$
		\$	\$
		\$	\$
		\$	\$

# D1. Continued.

Equipment	Units	Cost/Unit	Total Cost
Vehicles			
	_	\$	\$
		\$	\$
		\$	\$
		\$	\$
Other Equipment			
		\$	\$
		\$	\$
		\$	\$
		\$	\$

D2. What equipment did you have on hand for use at your treatment program in the fiscal year? If rented, please include the monthly rental payment. Otherwise, please provide a description of the equipment which may include an estimate of the quality of the equipment. (*Include only individual equipment [e.g., computer]* and categories of equipment [e.g., desks] worth more than \$500.)

					C	ondition		_
Office Furniture		Units	Re	nt/Month	Excellent _	Fair	Poor	Age
Chairs			\$					
Desks			\$					
Filing Cabinets			\$					
Tables			\$					
			\$					
			\$					
			\$					
			\$					
			\$					
Computer	Speed (mhz			HD Size (mb)	Rent/Month	Other 1	Features	Age
					\$			
					\$			
					\$			
					\$			
					\$			
					\$			
					\$			
						-		_

## D2. Continued.

Electronic	Make	Age	Units	Rent/Month	Features
TV				\$	
VCR	_			\$	
FAX				\$	
Projector				\$	
Phone				\$	
Printer				\$	
				\$	
				\$	
				\$	

Vehicles	<u>Year</u>	Make	Model	Miles	Rent/Month
_					\$
_					\$
					\$

Other	<u>Make</u>	Age	Units	Rent/Month	Features
				\$	
		_		\$	
			_	\$	
		_,	_	\$	
				\$	

riease exp	plain anything atypical about equipment in the fiscal year.

# E. CONTRACTED SERVICES

for fiscal year:	,	/	l to		/	/
	Month	Date	Year	Month	Date	Year

E1. List consultants and contracted personnel, the number of hours they work, their average hourly rate, and service provided for the fiscal year.

Consultants or Contracted Personnel	Number of Hours/Year		Average Hourly Rate		Total	Service Provided
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
		Χ	\$	=	\$	
Total Contracted Labor					S	\$
E2. Please explain a	nything atypica	al ab	out contract	ed se	ervices in the	fiscal year.

## F. MISCELLANEOUS RESOURCES AND COSTS

for fiscal year:		/	/ to		/	/
	Month	Date	Year	Month	Date	Year

F1. What was the cost of the specific miscellaneous items listed below in the fiscal year? (*Please provide explanations for non-typical costs*)

Electricity	¢
Electricity	\$
Gas	\$
Licenses	\$
Taxes	\$
Garbage	\$
Pest Control	\$
Insurance (e.g., liability)	\$
Water and Sewer	\$
Telephone	\$
Repair and Maintenance	\$
Printing and Duplicating	\$
Transportation	\$
Publications	\$
Staff Training	\$
Staff Travel	\$
Security (e.g. alarms)	\$
Software	\$
Minor Equipment (value < \$500)	\$
Office Supplies	\$
Postage	\$
Other	\$
Total	\$

Electricity	\$
Gas	\$
Licenses	\$
Taxes	\$
Garbage	\$
Pest Control	\$
Insurance (e.g., liability)	\$
Water and Sewer	\$
Telephone	\$
Repair and Maintenance	\$
Printing and Duplicating	\$
Transportation	\$
Publications	\$
Staff Training	\$
Staff Travel	\$
Security (e.g. alarms)	\$
Software	\$
Minor Equipment (value < \$500)	\$
Office Supplies	\$
Postage	\$
Other	\$
Total	\$
Please explain anything atypical at fiscal year.	bout miscellaneous resources and costs

What was the estimated cost of the specific miscellaneous items listed below that

were used by your EAP free of charge in the fiscal year? (Please explain.)

F2.

# **COMMENTS SPACE**

Q #	Explanation

Q #	Explanation

Q #	Explanation

Q #	Explanation
	·